

“7 dinners” family training goes on in Moscow (Peace Embassy)

November 21 – December 12, 2019

By Galina Chernomorets, Director, Blessed Families Department, Eastern Europe



From November 21 several Blessed families of Moscow who has a competence in a family counselling had launched a “7 dinners” course aiming to improve relationships in couples. The idea behind was to create a program which really serves the society and the families by restoring their relationships, and by helping to deepen them. The first group to test the new course became our blessed couples mostly but one couple joined from outside through the one of our family clubs in Moscow. They were on the brink of divorce and decided to try to fix their relationships through our program.



This course is led by 4 elder blessed couples including BFD staff members and counselors.

At the moment we had three weekly meetings with 16 couples in attendance. Feedbacks are good, couples look happy to come, our guest couple looks brighter than before and feel better as they told us.

