

Bromley, UK now has its own WFWP branch which held its first meeting

Alla Zubovskis
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WFWP UK has a new branch in Bromley and is sharing about their first activity on 12 Nov 2017, in Chislehurst, Kent.

The WFWP women's meeting was very successful.

We started with a small birthday celebration for those born in October (Linda, Mrs. Hanna, Maria F. and Joyce). The women were touched and impressed, although it was just a small sign of appreciation.

We then enjoyed a very sensible yoga lesson by professional yoga instructor Sam. All ladies, young and old, looked so happy and bright! They all said how peaceful and energised they felt after the yoga exercises.

We look forward to the next meeting on 3rd December 2017.

Alla Zubovskis
WFWP Bromley/UKBranch Coordinator