

## In Cameroon I Have Come to Notice that Suffering Deepens the Heart

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*Cameroonian road*

One thing I have come to notice is that suffering deepens the heart. All the African countries have had their share of suffering and hardship, especially those along the coastal regions which experienced the slave trade. But somehow, beyond the bitter memories, they are able to forgive and accept us with relatively open hearts.

The culture of the Cameroonians is one of giving and helping each other out. The relationships between family members and friends are close and deep. They serve and sacrifice for each other. Their mental attitude is optimistic and hopeful. They want to strive for higher ideals and development of their country. However, the economic and educational systems hold them back. The first because the country is poor and secondly, the opportunities for higher education are limited. There is only one university and only ten percent of those who apply are accepted. Those who have had that educational Advantage can see the value and greatness of the Divine Principle.