

## WFPW Norway held another Mommy and Me meeting for young mothers

Marea Toresen  
March 23, 2019



On Saturday, 23 March 2019, WFPW Norway held another Mommy and Me meeting for young mothers.

This time, yoga teacher Agnese Zvirbule, a mother herself held a yoga session with us.

The children joined in as well for a relaxing and physically challenging afternoon of yoga and healthy snacks afterwards.

Marea Toresen  
WFPW Norway Secretary

