

## WFWP-Norway's Parenting Seminar in connection with UN Women's Day in Oslo

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WFWP-Norway invited two public family councilors of a district in Oslo, to hold a four hour seminar on the topic: "Promoting Harmony in Families". They explained the concept "Circle of Security", which teaches that children need to refuel with love and reassurance before they can go out into the world again. If the parent shows empathy and love when the child is upset, the child's need for bonding is met and the child will adjust his/her behavior by herself over time.

Through the seminar the participating parents themselves felt refueled and had a spiritual growth spurt towards becoming a peace maker in their own family.

Vice-president, Yun-A Johansen, gave a presentation explaining the vision and activities of WFWP.

A delicious lunch was prepared by our kitchen staff and three volunteers provided a babysitting service and set up children's activities so that the parents could be free to concentrate on the seminar.

The seminar was attended by twenty nine participants, including ten guests.