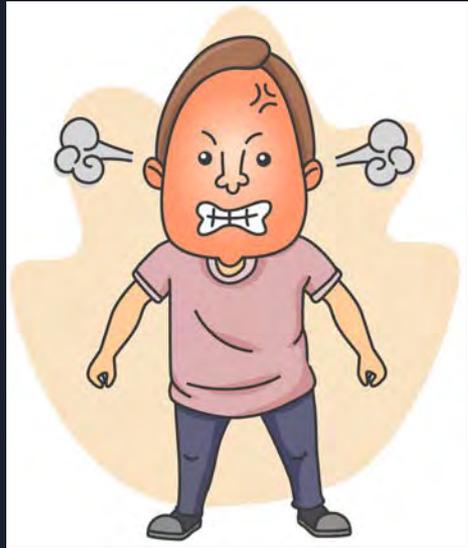


A Principled Way to Deal with Anger

BY LUC JEAN



What is Anger?



Anger - a strong feeling of displeasure and usually of antagonism

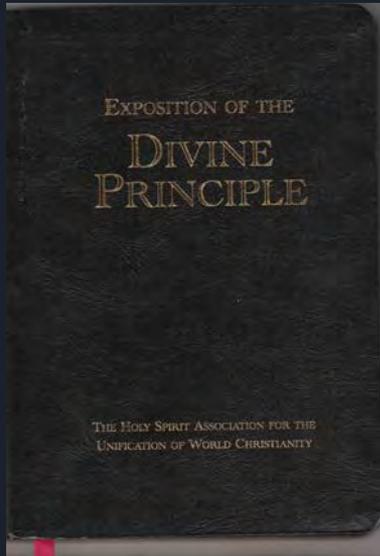
(Merriam Webster)



However, when Moses heard the people murmuring against him and complaining that they had no water to drink, he raged in uncontrolled anger and struck the rock twice. Whereupon God said to him:

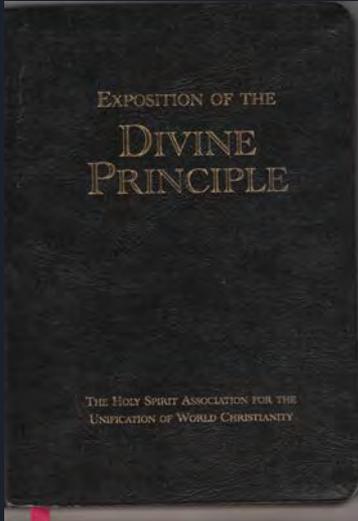
Because you did not believe in me, to sanctify me in the eyes of the people of Israel, therefore you shall not bring this assembly into the land which I have given them. —Num. 20:12

By striking the rock twice when he should have struck it only once, Moses undermined the dispensation to start based on the rock. As a consequence, he was not permitted to enter the promised land. He could only gaze upon it from a distance at the end of his life.





What were the consequences of striking the rock twice? Moses struck the rock the second time because he was overcome by uncontrolled rage at the people's faithlessness. He acted under the influence of Satan, even on Satan's behalf. Consequently, the dispensation to start which God had intended to carry out based on the rock was defiled by Satan.



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1. Go somewhere alone
 2. Physically expel your anger
 3. Offer it up to God for a good purpose
 4. Go forth and carry out that purpose