

WFWP Austria's Creative and Meditative Workshop: Towards God in the Maze

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WFWP invited guests to a creative/meditative workshop with the theme: "Towards God in the Maze."

In the maze of winding paths (labyrinths), it is not the monster of Mythology (Minotaur) that is waiting, but rather where encounters with important people and/or God can and have taken place. This creative labyrinth workshop was led by certified teacher Christine Mayr-Lumetzberger, a Roman Catholic Bishop with Roman Catholic Women Priests (RCWP), an initiative of auxiliary offices for women of the Roman Catholic Church.

The exercises consisted of walking on or following a large labyrinth spread out on the ground, once at the beginning and again at end of the workshop.

In between, we were busy painting and labeling our own printed labyrinths, expressing our uplifting and stressful experiences from our childhood in color and words. There were four different labyrinths by the end: two French (Cathedral of Chartres and Cathedral of Reims), one Russian, and one with the title "The Dancer."

At the end everyone was allowed to choose a colored stone which Ms. Mayr-Lumetzberger had brought. The various stones represented the elements of water, earth, and air.

Finally, we formed a circle around the labyrinth, meditating on the obstacles that we have already overcome and those that we have yet to overcome. Ms. Mayr-Lumetzberger then offered a prayer of blessing.

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