

FFWPF-Benin's basic training for facilitators of My Health in My Hand project

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April 2, 2018



April 2, 2018, as part of its 2018 action plan, the national leadership of the FFWPF-Benin organized a basic training for the facilitators of the project "My health in my hand" based on a natural approach including advice in nutrition, stress management, Korean hand therapy, etc.

During the event we had lectures on:

Project "My health in my hand"

Principles of health and well-being,

Nutritional and therapeutic value of certain foods and plants

Korean Hand Therapy (Correspondence Therapy)

It should be noted that this project, already under experiment in some areas of Heavenly Tribal Messiah, will contribute to creating a vast environment of witnessing and will support the field of Heavenly Tribal Messiah activities. This is why the National Leader personally encouraged and supported this training.