

DISCOVERING MY TRUE SELF

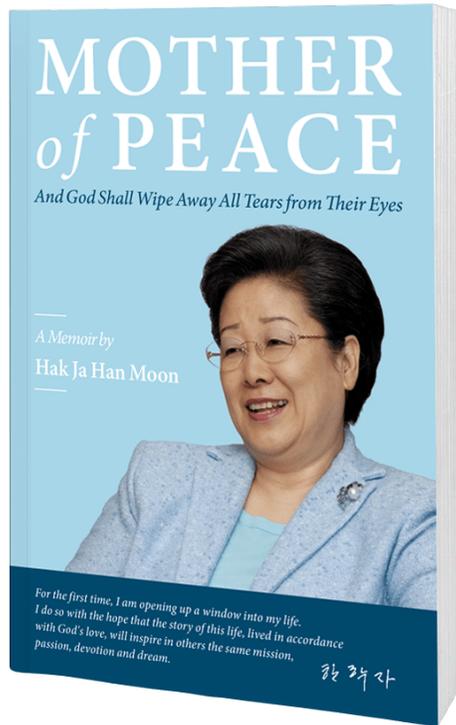
Who Am I ?



Luke 17:21

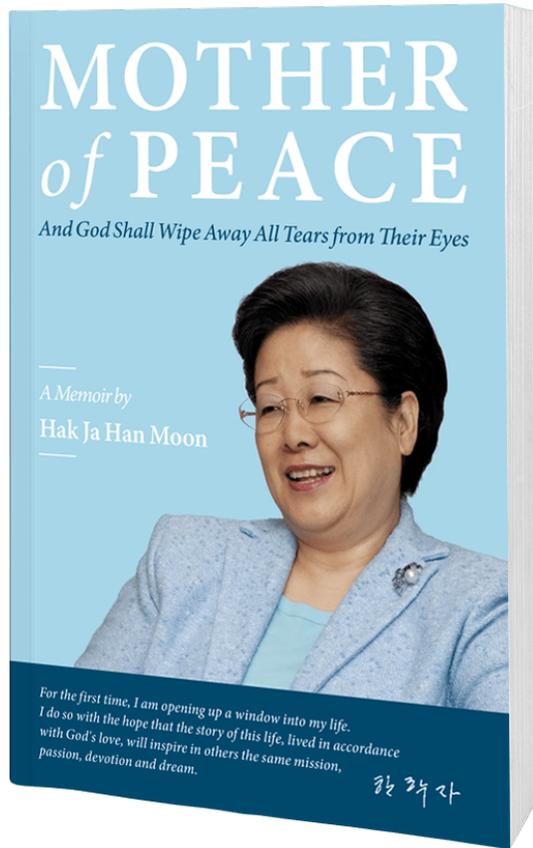
“And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, ‘The kingdom of God cometh not with observation. Neither shall they say, Lo here! or, lo there! for, behold, **the kingdom of God is within you.**’ ”

John 14: “Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do *even greater things* than these, because I am going to the Father. Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. On that day you will realize that **I am in my Father, and you are in me, and I am in you.**”



“We are taught **many things in the course of our lives**. Our parents teach us even at mealtimes and our teachers teach us most diligently. We learn about science, which explains the order and logic of things, and practical skills that help us escape poverty. Our elders teach us attitudes to adopt in the workplace. All these teachings are important and make us brighter and wiser. Knowledge and wisdom are precious, and we need to pursue them continuously.

Nonetheless, of all teachings, what are the most important? The teachings of religion are the most important. In Korean, the word religion is 'jong-gyo,' which is made up of the Chinese characters 'jong', meaning **fundamental**, and 'gyo', meaning **teaching**.”



“Our world houses many religions. What should these religions teach? Religion must first **teach the truth about God**. I do not mean simply that God exists; **I mean teaching about our relationship with God.**

True religion teaches the nature of God, the reality of God's love, and how to live in that love.”



“Are you able to touch and see God? We cannot touch or see Him, so where is He? Up in the air some place? The earth itself is rotating so heaven up here may become heaven down below tomorrow in terms of space. If we look at the planet earth from far way, people at the bottom are standing upside down. Where is heaven then, where does God dwell? (In the conscience.)

Heaven explains the state of holiness, highest and most glorious place. God is the root of love, life, lineage and conscience. Do you agree? (Yes.)”



“Therefore, Father concludes that God dwells in the innermost depth of your conscience. Do you understand? (Yes.) If you pray really seriously and reach a state of real spirituality, you will be able to communicate with God directly. **In this state when you say, "God, where are you?" Heavenly Father will respond from the center of your being, "I am here. Why do you call me?" (Laughter.)**”

1 Corinthians 3:16 “Know ye not that ye are the temple of God, and *that* **the Spirit of God dwelleth in you?**”

Who Am I? I Am the Temple of GOD

- ❖ Do not worry about what others think of you – **Seek God's opinion**
- ❖ Do not be resentful or hold grudges or negative thoughts – **You are a holy temple of God**
- ❖ Trust in God! Satan says you can't, but **God Says You can -**
Philippians 4:13 “I can do all things through Christ who strengthens me.”
- ❖ Stays away from sins – **Study the word of God and Pray**



Joshua 1:5-7

“No man will *be able to* stand before you all the days of your life. Just as I have been with Moses, I will be with you; I will not fail you or forsake you. Be strong and courageous, for you shall give this people possession of the land which I swore to their fathers to give them. Only be strong and very courageous; be careful to do according to all the law which Moses My servant commanded you; do not turn from it to the right or to the left, so that you may have success wherever you go.”



Joshua 8-9 “This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success. Have I not commanded you? Be strong and courageous! Do not tremble or be dismayed, for the LORD your God is with you wherever you go.”

Excerpts from Speech “How to Gain Spiritual Help”

Rev. Sun Myung Moon, November 27, 1978



“Each of us has two aspects, mind and body. Our true mind wants to touch our body with heart and give love to it. **We should think of our mind as God’s mind, because God loves it and that is where He dwells.** Look at each man or woman as a holy person. Regard each person’s body as sacred and their mind as hallowed.

If you live like this, soon you will hear inside of yourself a small voice, the sound of your mind. Wherever you walk, no evil or darkness can remain. Only good spirits can touch you if you create such an atmosphere. **If you place yourself in such a position, then spirit world will pour down upon you its abundant blessing and power.”**

“You must name yourself as the dwelling place of God. Then all good spirits will touch you. When you go to bed, lie down with a beautiful mind. **Remove all ugliness from it.**

In the morning when you wake, come before the deep bosom of God, and then, when you go out to your mission, you will embark from the throne of God.

The spirit world is always around you, listening and attentive. Always be aware that it is within your reach. If you keep thinking this way, then you will be able to control your circumstances. Make yourself a tuning fork, resonating with and vibrating along God’s frequency.

Resonate with God’s unselfishness.”

“Become a magnet, a mover of people’s spirits. Become a spiritual magnet, drawing people with love. Maintain this condition or attitude, and then **your prayer will become a reality.**

Pray with all your heart, focusing your mind and soul on the object of your prayer, otherwise your mind will become restless and hasty. In the life of prayer, you must make the time to pray. Sit down even if it takes eight hours and pray. **This time will never be wasted.”**



“Think over your words three times before uttering them and always have a humble attitude.

Always share with others the best thing you have. Empty your pocketbook to give. Then you will deserve the best result. If you do not do good for your fellow man, you will have no sleep. If you have done good, then your mind will rest in peace. Unpack the dirty elements inside yourself and cleanse them. Open up the baggage of your mind and look what you find there.

Don’t harbor selfish feelings. Repent publicly for any selfish feelings you may have entertained. Practice the virtue of meekness.”



“If you push yourself to develop these attitudes, then the spirit world must descend to assist you. The spirit world is using so many channels by which to come down and participate in God’s providence; they will choose the best one to use first.

Leave behind something that God can praise. Each moment is so precious there is **no time for worry or frustration.** The person who recognizes that earthly life is short compared to eternity, and therefore condenses his accomplishments, is a wise man indeed. Think about what “label” you wear spiritually on your forehead.

Ask yourself how many people, how many clans, how many tribes, how many nations you have loved.”

When you work, **you must love that business, love the products you work with, and, of course, love the people.** Always give honor to the other people. Make your company a **dwelling of God.** Don't just feel like a worker or supervisor. Invest your heart in your work. Determine to make it a business that will serve all people. Then wherever your business goes, it becomes God's "love extension." Whatever you are responsible for, give it your heart and soul on a 24 hour basis. Feel like you are the parent and it is your baby.



Whatever you do, think that you are carrying it out in *partnership* with God. Feel that you are the second owner and pour all your love into it. **The one who loves something the most is the ultimate owner.** When you give love, you will attain infinite value.