

UPF Melbourne, Australia's Being Self-Aware, Responsible and Loving webinar

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Melbourne, Australia -- On May 2, 2020, twenty-five people joined UPF-Melbourne for its second "Being Self-Aware, Responsible and Loving" webinar, which focused on mental health and peacebuilding.

The first session, "Men's Journey to Mental Health," was moderated by Mr. Randall Apps, director of UPF-Geelong. The featured speaker was Mr. Bill Pontikis, founder of Cafe Care Ministry and a former councilor with the city of Monash. Mr. Pontikis drew anecdotes from his 20 years' experience helping men get their lives back on track to recovery. A 15-minute discussion with the participants followed.



In the second session, "2020 World Summit and Peace Building," Mr. Lio Ale, a long time Pacific Island leader who works as a senior home loan specialist at the National Australia Bank, shared his experience participating in UPF's World Summit 2020, held in Seoul, South Korea in February. He also shared his insights from the conference for peacebuilding within Australia and the Oceania region. A 15-minute discussion with the participants followed.

The webinar concluded with remarks given by Dr. John Bellavance, vice president of UPF-Australia.