

## WFWP Ireland's Relationship and Intimacy Seminar in Dublin

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WFWP Ireland held a Relationship and Intimacy Seminar in Dublin on 21/22 Oct 2023.

We had invited Ejona Icka as a presenter. She is Professor of Psychology and Sexuality, as well as WFWP Representative in Kosovo, and she had travelled all the way from Kosovo.



In these times when sexuality is a central topic and debate, we feel it is essential to be well informed from

a scientific, psychological, and spiritual perspective.

Committed monogamous, heterosexual relationships are at the core of our belief system but are also reflected from a scientific and psychological point of view.

This seminar was a precious opportunity to get insight and tools to build these kinds of relationships.



The seminar sessions were organised based on marital status/age group: Singles and Adolescents - Young married couples - Mature married couples.

Ejona managed to create a safe environment in each group, where people could share freely, and the sessions were very interactive. The three sessions took place over the course of Saturday and Sunday, and we could share lovely lunches together. Ejona also made herself available for private sessions with the participants.

The event was very well received, and it was refreshing to receive advice in support of monogamous relationships.

We'd like to thank Ejona for her thoughtful and engaging presentation and we hope to have the opportunity to cooperate further on the topic.