Sacred First Nations for Peace - September 2024 - Health and Wellness

Demian Dunkley September 21, 2024



Inter-Tribal Indigenous Council

Greetings Peacemakers,

May you be well, and blessed as we enter Indian Summer. This month, September 21, is International Day of Peace, a day cherished and hoped for by all. Let Peace begin with me. In the words of Native American proverb, Shenandoah, "It is no longer good enough to cry peace, we must act peace, live peace, and live in peace." It is a personal choice that can be learned, practiced, and taught. Most grateful to our many Ancestors who have taught, shown, and given many words of wisdom on peace.

Thank you to each and everyone who came to the SFNP gathering last month, it was very rewarding. It was full of Inter-tribal wisdom in the spirit of honoring our Ancestors and Elders. A special thank you to our academic professors: Dr. Santos, Apache/Dine, who teaches at the University of Denver on Indigenous Peoples and the Environment. Her PowerPoint presentation was well received. Dr. Hardgrave Shinnecock, who teaches medical anthropology at the College of Southern Nevada, gave us the beautiful healing Ancestral prayers/meditation representing the sacred hoop and four directions. Her insights and perspectives were very much appreciated. We all enjoyed the question and answer time with our presenters who shared more of their wisdom that led to an inter-tribal discussion and profound gratitude for our Elders and Ancestors.

We will be gathering on September 26th, the last Thursday of the month, to speak on Health and Wellness. Welcoming prayer will be given by Christinia Eala, Oglala Lakota. Our guest speakers are Elder Frank, Yaqui, who will present on taking care of our spiritual self as well as our body. Nathan, Strong Elk, Ute Mountain Ute/Southern Ute, will share his perspective on prayer in healing others. Dr. Lee who is the CEO of Wongu Oriental Medicine (website: Wongu,edu) will demonstrate acupuncture on a Native American patient as it relates to health and wellness and share about his expertise. There will be time for questions and comments. Please use the group chat as well. Elder Linda Mooney, President of Oklevueha Native American Church will open and close our circle with the Peace Pipe.

Looking forward to seeing you there.

Topic: Sacred First Nations for Peace September 2024 - Health and Wellness

Time: Sep 26, 2024, 05:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

 $\underline{us02web.zoom, us/j/89015144957?pwd} = \underline{G33M4zZW4JA134GcsENFzEa58KLULv.1}$

Meeting ID: 890 1514 4957

Passcode: 814085

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