

Find Your Voice workshop for Bay Area Youth in Oakland, CA

Kevin Thompson
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The Bay Area's winter workshop explored tradition, focusing on the Four Great Realms of Heart. Staff member Sho Omori led an impactful evening activity that allowed participants to write a letter to their past self. The prompt was, "At a time of challenge and difficulty, what is it you needed to hear from your future self?" Experiences were then shared within groups; each participant could see that they are not alone in grappling with the challenging moments in their lives.



Notable presentations were given by Paul Nojima, who shared about the Fall of Man and the importance of brother-sister relationships, and Pastor Kevin Thompson who conveyed True Parents' course from 1920-2020.

There were many fun and engaging group activity rotations, sports and the ever-present tradition of Capture the Flag.



Participants developed new friendships and rekindled and renewed old bonds.

"The Winter Workshop is a tradition for our community and a valuable opportunity to reflect on the year gone by and create determinations for the year ahead," said one of the staff.

"The workshop reminded me of how blessed I am to have so many things passed on to me," said a

participant. "It improved my life of faith and my relationships with people."

