

1st Love

If you can truly love people, you don't need to do anything else.

2nd Serve

If you cannot love somebody, try to serve that person. When you serve, love springs up in your heart.

3rd Be Humble

If you cannot serve somebody, that is because you are not humble. Try to become humble. When you become humble, you can serve and then love that person.

4th Dominate Yourself

If you cannot become humble, that is because you are not controlling yourself. You must rule over your negative emotions; such as anger, hatred, jealousy, excess desires, etc. to be able to become humble.

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