

The Principled Academy: Celebrate Our Spring Milestone Together

Isaac Durst
April 9, 2025



THE
PRINCIPLED ACADEMY
ValuesandVirtues.org

Spring Newsletter

Dear Friends,

Reflecting on the past year, I'm filled with gratitude for our incredible journey together. Thanks to your support, our vision—to raise a generation grounded in empathy, integrity, and kindness—is blooming!

I'm especially excited to share this spring that we've reached a milestone: 200 stories and 100 activities! These resources are tools to spark curiosity and build character, and I can't wait to see how they'll continue to make a difference in homes and classrooms everywhere.

Here's to a season of growth.

Health and happiness always,
Isaac Durst
Director, Values & Virtues

[Go to website](#)

CHECK OUT OUR NEW BOOKS!



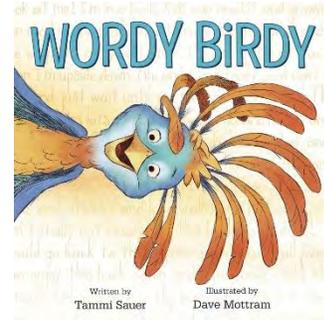
"Little Taco Truck"
Friendship
Pre-K & Kindergarten

[Read now!](#)



"Be Kind"
Friendship
Pre-K & Kindergarten

[Read now!](#)



"Wordy Birdy"
Friendship
Pre-K & Kindergarten

[Read now!](#)

A Heartfelt Thank You

We couldn't do this without you. To our members, donors, and supporters—your generosity has fueled this mission from the start.

Thank you!

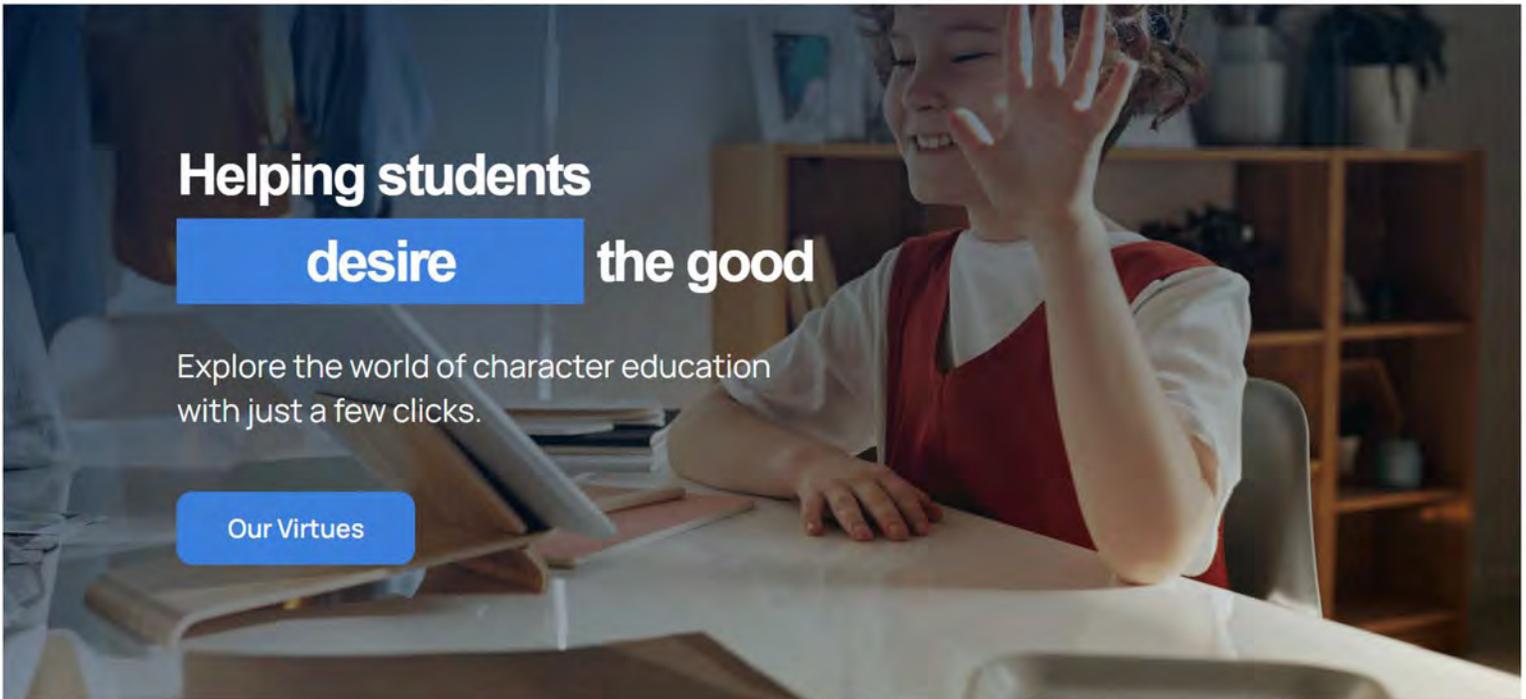
If you haven't already become a member, please consider doing so and supporting us in making character education easy and accessible to children everywhere.



Support Values & Virtues!

Values & Virtues is an online character education resource for educators and parents. Our mission is to build a world filled with ethical, loving, and compassionate human beings.





Helping students

desire

the good

Explore the world of character education with just a few clicks.

[Our Virtues](#)

WHAT WE DO

Values & Virtues is a resource of impactful stories, questions, and thoughtful activities for educators, coaches, and parents.

 **12**
VIRTUES

 **200+**
STORIES

 **100+**
ACTIVITIES





What We Offer

Explore our twelve highlighted virtues for grade levels from Pre-Kindergarten (ages 4-5) to Sixth grade (ages 10-11). Each virtue includes at least four captivating read-aloud stories, most available as engaging video content.

Every story is paired with guiding questions, featuring:

- A definition of the virtue
- A summary of the book
- Learning objectives
- Guiding questions to enhance comprehension and application of the virtue

Our Values & Virtues

Find easy-to-use, supportive resources that nurture your child's emotional, behavioral, and social well-being, helping them thrive in every aspect of their growth.

All Virtues

Hope

Believing in a brighter tomorrow.

18 Stories →

Integrity

Doing right, even when unseen.

16 Stories →

Pa

Wai

18 S



WHY CHARACTER EDUCATION?

How Families, Educators, and Communities Raise Good Children

We want children to develop their intellect to identify moral issues in complex situations.

Further, we want them to understand how to manage their emotions. We need to provide opportunities for children to engage in meaningful acts of service that benefit others.

Research shows that, on the foundation of moral excellence, children achieve academic success and perform significantly better than their peers at each grade level.

Every part of the learning environment offers opportunities to model and practice virtuous behavior. Simple daily acts, like a warm morning greeting or a kind smile, set the tone for fostering character.

Children can learn to build positive relationships by collaborating on science projects or engaging in group activities. Educators and caregivers can model the care and respect they hope to inspire in children.

Because parents, guardians, and caregivers make the greatest impact on children's lives, schools and learning programs must work closely with them to support the development of character. In addition, schools should collaborate with community organizations where children can experience and contribute to genuine acts of service.

The school and broader learning community should serve as a model for society.

What greater need does our nation have than intelligent, ethical, and caring individuals who are dedicated to the common good?

Character education lays the foundation for strong families, public civility, constructive dialogue, and the ideals of justice and compassion. These values can be nurtured every day within classrooms and communities.

How to use this site

- 01** Navigate to the "Our Values And Virtues" page
- 02** Select one of the Virtues
- 03** Select a Grade Level
- 04** Choose any Story you want, then Click on "Read Story"
- 05** Listen to or Read the Story
- 06** Click on "Guiding Questions" if you would like to access our Discussion Questions
- 07** Click on "Begin Activities" to find the Activities that correspond to each Story or Virtue

Latest Stories

[Explore All Virtues](#)



Little Taco Truck

[Friendship](#) [Pre-K & Kindergarten](#)

[Guiding Questions](#)

[Story](#)



Tiny T. Rex and the Impossible Hug!

[Friendship](#) [Pre-K & Kindergarten](#)

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Be Kind

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Friendship Pre-K & Kindergarten

Little Taco Truck

By: Tanya Valentine

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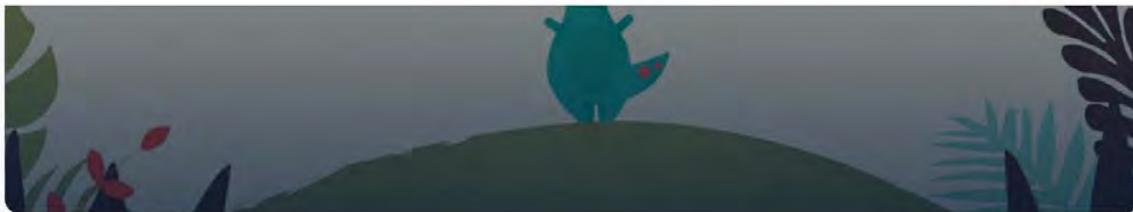
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Friendship

More Stories about Friendship

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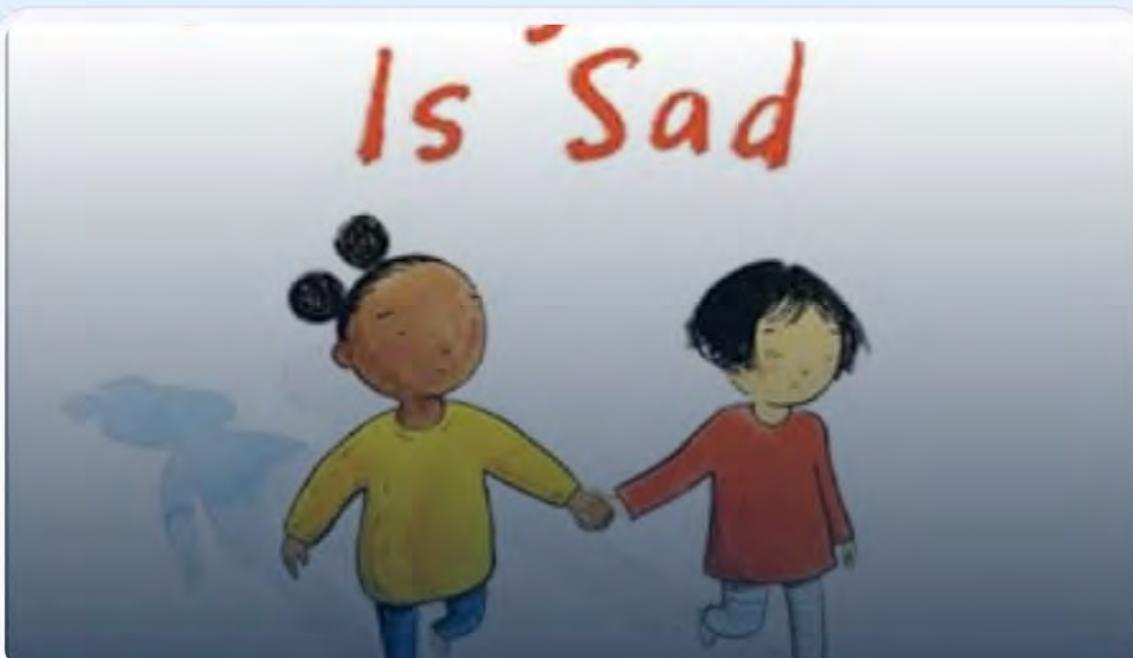
Be Kind

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Pre-K & Kindergarten

Guiding Questions

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Jenny Mei Is Sad

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Pre-K & Kindergarten

Guiding Questions

Story

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Friendship Pre-K & Kindergarten

Wordy Birdy

By: Tammi Sauer

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Donate to our Cause

Support our mission to develop a reliable character education resource that makes a positive difference in children's lives.

Your donation will help us maintain our website, research more character education stories, and create more guiding questions and activities.

Step 1 of 3 - Your Details

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San Leandro, CA 94577

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